

# St. John's School/ELC-NOVEMBER BREAKFAST & LUNCH MENUS

| All breakfasts will include a choice of fruit/juice, cereal, and milk.<br>Menus subject to change due to inventory. |                     |                             |                          | All lunches will include fruit, vegetables, and milk.<br>This institution is an equal opportunity provider. |                              |        |
|---|---------------------|-----------------------------|--------------------------|---|------------------------------|--------|
|   |                     |                             |                          |   |                              |        |
|   |                     |                             |                          |   |                              |        |
|   |                     | 1-Nov                       | 2-Nov                    | 3-Nov   | 4-Nov                        | 5-Nov  |
|   | Breakfast           | Breakfast                   | Breakfast                | Breakfast   | Breakfast                    |        |
|   |                     | Smoothies                   | Scrambled Eggs           | Apple Crisp   | Oatmeal                      |        |
|   | Lunch               | Lunch                       | Lunch                    | Lunch   | Lunch                        |        |
|   |                     | Mac 'n Cheese               | Sloppy Joes              | Ham Alfredo   | Fish Sticks                  |        |
|   |                     |                             |                          |   |                              |        |
| 6-Nov   | 7-Nov               | 8-Nov                       | 9-Nov                    | 10-Nov  | 11-Nov                       | 12-Nov |
|   | Breakfast           | Breakfast                   | Breakfast                | Breakfast   | Breakfast                    |        |
|   | Cereal Bars         | English Muffins             | Breakfast Burritos       | Graham Crackers   | Cottage Cheese               |        |
|   | Lunch               | Lunch                       | Lunch                    | Lunch   | Lunch                        |        |
|   | Mini Corndogs       | Tacos                       | Chicken Alfredo          | Toasted Cheese Sandwiches   | Meatballs in Gravy with Rice |        |
|   |                     |                             |                          |   |                              |        |
| 13-Nov  | 14-Nov              | 15-Nov                      | 16-Nov                   | 17-Nov  | 18-Nov                       | 19-Nov |
|   | Breakfast           | Breakfast                   | Breakfast                | Breakfast   | Breakfast                    |        |
|   | Biscuits & Jelly    | Pancakes                    | Fruit & Yogurt Parfaits  | Breakfast Sandwiches  | Mini Pizzas                  |        |
|   | Lunch               | Lunch                       | Lunch                    | Lunch   | Lunch                        |        |
|   | Turkey Noodle Soup  | Chicken Nachos              | Spaghetti                | Grilled Chicken on a Bun  | Tater Tot Hotdish            |        |
|   |                     |                             |                          |   |                              |        |
| 20-Nov  | 21-Nov              | 22-Nov                      | 23-Nov                   | 24-Nov  | 25-Nov                       | 26-Nov |
|   | Breakfast           | Breakfast                   | Breakfast                | Breakfast   | Breakfast                    |        |
|   | Yogurt with Granola | Fruit Pizza                 | Maple Baked French Toast | CLOSED  | CLOSED                       |        |
|   | Lunch               | Lunch                       | Lunch                    | Lunch   | Lunch                        |        |
|   | Pizza               | Turkey & Mashed Potatoes    | Hotdogs                  | CLOSED  | CLOSED                       |        |
|   |                     |                             |                          |   |                              |        |
| 27-Nov  | 28-Nov              | 29-Nov                      | 30-Nov                   |   |                              |        |
|   | Breakfast           | Breakfast                   | Breakfast                |   |                              |        |
|   | Cottage Cheese      | Malt-o-Meal                 | Scrambled Eggs           |   |                              |        |
|   | Lunch               | Lunch                       | Lunch                    |   |                              |        |
|   | Chicken Patties     | Chicken Gravy over Potatoes | Stromboli                |   |                              |        |