

# ST. JOHN'S SCHOOL & ELC-OCT 2024 BREAKFAST, SNACK & LUNCH MENUS

All breakfasts will include a choice of fruit/juice, cereal, and milk. Menus subject to change due to inventory.				All breakfasts will include WGR (whole grain rich) Cereal Options This institution is an equal opportunity provider.		
29-Sep	30-Sep	1-Oct	2-Oct	3-Oct	4-Oct	5-Oct
<b>Breakfast</b>		English Muffins	Breakfast Bars	Oatmeal	Cereal Bars	
<b>AM Snack-ELC</b>		Tiger Bites & Juice	Bananas & Peanut Butter	Veggies & WGR Crackers	Yogurt Cups w/ Berries	
<b>Lunch</b>		Lasagna Roll-Ups	Hot Ham & Cheese	Mac 'n Cheese	Chicken Stir Fry	
6-Oct	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct	12-Oct
<b>Breakfast</b>	Frudels	Apple Crumble	Lemon Bread	Omelets	Waffles	
<b>AM Snack-ELC</b>	Celery w/ Peanut Butter	Frozen Go-Gurt & Scooby Snacks	Popcorn Fruit Cup	Nutrigrain Bar & Juice Cup	Tortilla Chips & Salsa	
<b>Lunch</b>	Orange Chicken w/ Rice	Spaghetti	Pulled Pork on Bun	Chicken Parm Sandwich	Cheesy Broccoli Rice Casserole	
13-Oct	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct	19-Oct
<b>Breakfast</b>	Pumpkin Bread	Breakfast Pizza	Breakfast Bites	Scrambled Eggs	Muffins	
<b>AM Snack-ELC</b>	Cottage Cheese & Rice Cakes	Trail Mix	Veggies & Juice Cup	Cheese & Sausage	Fruit Cup & WGR Crackers	
<b>Lunch</b>	Chicken Nuggets	Tacos	Grilled Chicken Sandwich	Scalloped Potatoes w/ Ham	Chili	
20-Oct	21-Oct	22-Oct	23-Oct	24-Oct	25-Oct	26-Oct
<b>Breakfast</b>	Poptarts	Breakfast Tornado	Mini Cinnis	Pancakes	Scrambled Eggs	
<b>AM Snack-ELC</b>	Scooby Snacks & Milk	Strawberry Shortcake in a Cup	Yogurt Cup & Grahams	Ham & Cheese Pinwheels	Bell Pepper Strips w/ Ranch Dip	
<b>Lunch</b>	Mini Corndogs	Chicken Alfredo	Teriyaki Chicken	Mozzarella Sticks	Quesadillas	
27-Oct	28-Oct	29-Oct	30-Oct	31-Oct	1-Nov	2-Nov
<b>Breakfast</b>	Yogurt & Granola	Pancakes	Breakfast Sandwich	Biscuits w/Jelly		
<b>AM Snack-ELC</b>	Banana Bread & Fruit Cup	Apples w/ Peanut Butter	Cheese & Sausage	Trail Mix		
<b>Lunch</b>	Ravioli	Tater Tot Casserole	Ham & Mashed Potatoes	Chicken Soup		